His tenth release, titled *A Decade of Blues*, showcases his mastery of the electric guitar and his excellent song-writing abilities. Over the last 35 years, he has logged thousands of miles with long time friend, pianist, and vocalist Raymond Victor. Raymond is one of the featured vocalists on this disc. Atlanta vocalist Andrew Black will give you cold chills. Also featured on this compilation is the Bluesman For Life Roy Gaines and Forrest’s wife Kaylon on two classics cuts. This CD contains the JPF Blues Song of the year awards “Going Back To Memphis” and “Work, Work.” Three other songs on this disc were awarded the JPF Blues CD of the Year Award on Forrest’s *Spirit Of The Blues*. 

Forrest McDonald bought albums by Muddy Waters, Howling Wolf, Sonny Boy Williamson, and T-Bone Walker in the summer of 1964. With a $5.00 acoustic guitar, he started picking out the songs one by one. He started his first band and played his first job December 30, 1964. Since then, he has logged over 4,000 performances, played on dozens of recordings, and earned a platinum album for Bob Seger’s *Stranger in Town* and Bobby Womack’s *The Roads of Life*, both recorded at the famed Muscle Shoals Sound studio. In the mid 1970’s, Forrest backed up vocalists Bonnie Bramlett, Kathi McDonald and Nick Gravenites. He played in Silver Platinum and Gold, an R&B group consisting of players from Ike and Tina Turner’s and Billy Preston’s bands. During the same period of time, Forrest’s band frequently played the same venue with Van Halen, trading licks with Eddie on ZZ Top’s classics like “LaGrange.” He has jammed with blues masters from Duane Allman to Roy Gaines, and has written and published over 200 songs. Steve Perry from Journey sang a song on Forrest’s first solo CD *I Need You*. In the 80’s he made his living playing on Beale Street in Memphis. He has been riding the blues train ever since.

To learn more about this great artist and his band, visit him on the web at forrestmcdonald.com. To order a copy of his new CD, send $12.00 to World Talent Records, 13601 Birdsong Lane, Midlothian, VA 23112.